



LENT AT MARY'S HOUSE IN SASSAQUIN

LENT: On Ash Wednesday, February 17th, Masses will be at 8 A.M. and 7 P.M. Ashes will be distributed at all masses after the homily.

NEW BEDFORD DEANERY RETREAT: Once again, St. Mary's on Tarkiln Hill Road, will host our Deanery Retreat during the 5th week of Lent, March 22nd through March 25th. Mass is at Noon with Conference and Prayer experience with Conference at 7:00 p.m. Confessions will be heard one hour before the noon Mass and one hour before the evening Conference. Please mark your calendars.

LENTEN REGULATIONS for 2010

Law of Fast: All adults (18 and older) are bound by the law of fast up to the beginning of their 60th year. On days of fast, those bound by the law are limited to a single full meal. This meal is meatless. Two other meatless meals, sufficient to maintain strength, may be taken according to one's needs; however, together these two meals should not equal another full meal. There are two prescribed days of fast: Ash Wednesday and Good Friday.

Law of Abstinence: Those who are 14 years of age and older are obliged to observe the law of abstinence. On days of Abstinence, those bound by the law abstain from meat. On all Fridays of Lent, abstinence is prescribed. This, of course, includes Good Friday. Abstinence is also prescribed on Ash Wednesday.

Lenten Discipline: According to the Code of Canon Law, "All members of the Christian faithful in their own way are bound to do penance in virtue of divine law; in order that all may be joined in a common observance of penance, penitential days are prescribed in which the Christian faithful, in a special way, pray, exercise works of piety and charity, and deny themselves by fulfilling their responsibilities more faithfully and especially by observing fast and abstinence..."



STATIONS OF THE CROSS will be held on Friday evenings at 7:00 P.M.



OPERATION RICEBOWL, again this Lenten season our parish will join with other parishes throughout the nation in Operation RICEBOWL.